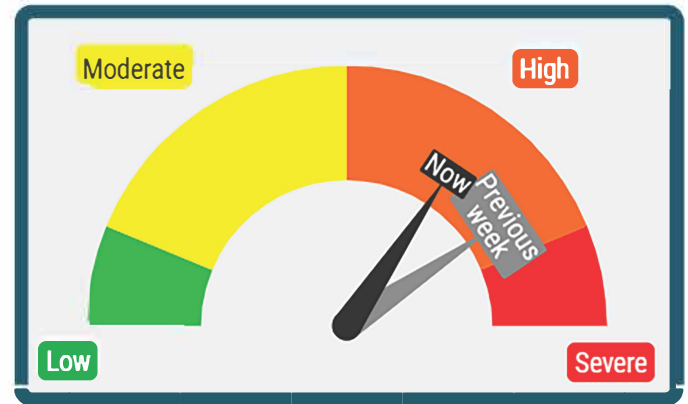


# COVID-19 Risk Dial & Cornhusker Council Guidance







# COVID ORANGE: High Risk of COVID-19 Spread

k U	Outside ☒	☒
☒☒☒☒☒☒☒☒	<ul style="list-style-type: none"> <li>x YES - In Person Meetings If following DHM and CDC guidance . Keep meetings short and under 30 minutes. Combined In-Person and Virtual Formats</li> </ul>	<ul style="list-style-type: none"> <li>YES - In Person Meetings and /or Virtual Must be under 50% capacity If following DHM and CDC guidance . Keep meetings short and under 30 minutes. Combined In-Person and Virtual Formats</li> </ul>
Staggered Unit Meetings	<ul style="list-style-type: none"> <li>• YES - In Person Meetings If time is allowed in between groups per DHM and CDC guidance . Keep meetings short and under 30 minutes. Combined In-Person and Virtual Formats</li> </ul>	<ul style="list-style-type: none"> <li>• YES - In Person Meetings and/or Virtual Must be under 50% capacity If following DHM and CDC guidance . Keep meetings short and under 30 minutes.</li> </ul>
Den - Patrol Meeting	<ul style="list-style-type: none"> <li>• YES - In Person Meetings If following DHM and CDC guidance . Keep meetings short and under 30 minutes. Combined In-Person and Virtual Formats</li> </ul>	<ul style="list-style-type: none"> <li>• YES - In Person Meetings and/or Virtual Must be under 50% capacity If following DHM and CDC guidance . Keep meetings short and under 30 minutes.</li> </ul>
Camping	<ul style="list-style-type: none"> <li>• YES - In person camping if following DHM and CDC guidance Family Camping is best option. Keep groups to Den, Patrol, POD or Cohorts. Follow Camp Cornhusker COVID Model (Transport by family)</li> <li>• Follow Tent Camping Guidelines above</li> </ul>	<ul style="list-style-type: none"> <li>• NO - In person Lock ins and other indoor camping YES - Virtual Camping with family, and Unit. ( transport y family</li> </ul>
Service projects	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> </ul>

## COVID Yellow: Moderate Risk of COVID-19 Spread

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"> <li>Limit activities outside of the home</li> <li>Distance at least 6 feet from anyone outside the home</li> <li>Work from home when possible</li> <li>Individual outdoor activities such as walking, biking, etc. are acceptable</li> <li>Cautious expansion of interactions with others, outdoor activities preferred</li> <li>Gatherings and events only with modifications (i.e. physical distancing, face masks, etc.)</li> <li>Follow <a href="#">CDC Travel Guidelines</a></li> </ul>	<ul style="list-style-type: none"> <li>No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Quarantine and testing of symptomatic persons</li> <li>Outdoor activities with distancing are acceptable.</li> </ul>
Face Masks	<ul style="list-style-type: none"> <li>Face masks for anyone over 2 years old, when indoors or when physical distancing of greater than 6 feet is not possible.</li> </ul>	<ul style="list-style-type: none"> <li>No face masks for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Face masks for symptomatic people</li> </ul>
Hand Washing	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li> <li>Use hand sanitizer when handwashing is inaccessible or infeasible</li> </ul>	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li> </ul>
Illness Monitoring	<ul style="list-style-type: none"> <li>If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li> <li>Minimize contact with symptomatic people</li> <li>Daily temperature checks at work</li> </ul>	<ul style="list-style-type: none"> <li>Monitor for COVID-like symptoms</li> </ul>
Disinfecting	<ul style="list-style-type: none"> <li>Avoid bare hand contact with any high touch surface</li> <li>Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li> <li>Wash hands or apply sanitizer after touching high contact surfaces</li> <li>Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>	<ul style="list-style-type: none"> <li>Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>
<b>At-Risk or Vulnerable Population</b>	<p><b>For older adults, anyone with underlying health conditions, and other populations at heightened risk from COVID-19:</b></p> <ul style="list-style-type: none"> <li><b>Stay home as much as possible</b></li> <li><b>Rely on help for needs outside the home (groceries, medications, etc.)</b></li> <li><b>Distance from those working outside of the home</b></li> <li><b>Wear a face mask around others</b></li> </ul>	

## COVID Green: Low Risk of COVID-19 Spread

General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"> <li>No distancing, resumption of normal work and community life</li> <li>Follow <a href="#">CDC Travel Guidelines</a></li> </ul>	<ul style="list-style-type: none"> <li>No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Quarantine and testing of symptomatic persons</li> </ul>
Face Masks	<ul style="list-style-type: none"> <li>No face masks for healthy people</li> </ul>	<ul style="list-style-type: none"> <li>No face masks for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>Face masks for symptomatic people</li> </ul>
Hand Washing	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li> <li>Use hand sanitizer when handwashing is inaccessible or infeasible</li> </ul>	<ul style="list-style-type: none"> <li>Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/ touching face, or before eating</li> </ul>
Illness Monitoring	<ul style="list-style-type: none"> <li>If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li> <li>Minimize contact with symptomatic people</li> </ul>	<ul style="list-style-type: none"> <li>Be aware of COVID-like symptoms</li> <li>Contact medical care provider if you have COVID-like symptoms</li> </ul>
Disinfecting	<ul style="list-style-type: none"> <li>Increased awareness of germ transmission through high contact surfaces</li> <li>Incorporation of COVID-19 disinfection practices for high touch surfaces</li> <li>Avoid bare hand contact with any high touch surface</li> <li>Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li> <li>Wash hands or apply sanitizer after touching high contact surfaces</li> <li>Normal disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>	<ul style="list-style-type: none"> <li>Increased awareness of germ transmission through high contact surfaces</li> <li>Normal disinfection practices, with consideration for high contact surfaces (door/other handles, light switches, bathrooms)</li> </ul>
<b>At-Risk or Vulnerable Population</b>	<p><b>For older adults, people with underlying health conditions, and other populations at heightened risk from COVID-19</b></p> <ul style="list-style-type: none"> <li><b>You do not have to stay home at all times but should continue physical distancing when possible in public settings.</b></li> <li><b>Cautious expansion of interactions with others, reengage in small social settings, outdoor activities preferred</b></li> <li><b>Avoid large group settings and events with many people</b></li> <li><b>Wear a face mask around others</b></li> </ul>	