

2015 NATIONAL ORDER OF THE ARROW SUMMIT EXPERIENCE

Summit Bechtel Reserve – Bradley, WV Register online at: http://adventure.oa-bsa.org



"The Order of the Arrow is a thing of the out of doors rather than the indoors. It was born in an island wilderness. It needs the sun and rain, the woods and the plains, the waters and the starlit sky."

-E. Urner Goodman

THE OA SUMMIT EXPERIENCE

The Order of the Arrow Summit Experience program is an eight-day adventure at The Summit Bechtel Family National Scout Reserve, bordering the New River Gorge National River Area.

While experiencing over 10,000 acres of adventure, you have the opportunity to explore the Summit like no one else, while blazing trail for the New River Gorge National River.

Four days of the program will be focused on building or maintaining trail around the Summit, and the New River Gorge National River Area. The remainder of the experience will revolve around zip lines, rafting, mountain biking, climbing, and participation in other Summit activities. Participants will not only build trail, but also bonds of brotherhood as they start their High Adventure journey.

The program is designed to entice younger Arrowmen to participate in High Adventure. Lodges and Chapters are encouraged to participate as a crew. Arrowmen ages 14 but not yet 18 will have the opportunity to explore all that the Summit has to offer in terms of adventure, brotherhood, and cheerful service.

REQUIREMENTS

- Be at least 14 years old the day your program begins, but not 18 by its conclusion.
- **Be physically fit**, able to lift and handle materials up to 50 lbs. (Summit height and weight guidelines listed in this application will be strictly enforced.)
- Be a registered member of both the BSA and an OA lodge.
- A complete physical examination is required. (BSA's Health and Medical Record will be sent to those who are accepted.) *No exceptions can be made to these requirements. Selection for this program is both an honor and a privilege.*

HOW TO APPLY

Complete the enclosed application, have it approved by your Scout Executive/OA Staff Adviser, Lodge Advisor, and receive parental permission. (The National OA office will accept email.approval from the Scout Executive/OA Staff Adviser and Lodge Advisor. They should send their email approval to: Matt.Dukeman@Scouting.org.) Mail your completed application (or register online at adventure.oabsa.org) and \$50.00 deposit to the Order of the Arrow, Boy Scouts of America, P.O. Box 152079, Irving, TX 75015-2079. Upon approval, the OA will notify applicants of acceptance by email on a first-come, first-served basis. (Every effort will be made to give participants their first choice.) A packet of materials will be emailed to you in the spring of 2015, preparing you for your experience. Applications will be accepted until all slots are filled. If a session is filled, a waitlist will be maintained should a cancellation occur.

LODGE AND COUNCIL RESPONSIBILITIES

Lodges and councils should only approve those youth Arrowmen who meet all of the qualifications for this program. The Summit is not an easy experience and is a risk for those not physically prepared for the rigors of the mountains of West Virginia.

PROGRAM COSTS AND TRAVEL INFORMATION FOR PARTICIPANTS

Participant cost is \$250 for the eight-day experience. A \$50 non-refundable deposit is required with this application. The balance of the fee is due within **60** days of acceptance into the program. Additional expenses, including travel to and from the Summit as well as miscellaneous purchases, are the responsibility of the participant. Those applicants not accepted as participants into the program will have their deposit returned. Participants cancelling acceptance will be eligible for a refund, minus their deposit, if notification is received in the national office by March 31. No-shows are not eligible for a refund. Please visit http://adventure.oa-bsa.org for information to help you plan your trip.

Shuttles will be available from the Charleston, West Virginia Airport to the Summit. **Note:** Shuttle times and fees will be made available in the spring of 2015. Participants are strongly encouraged to recruit a travel companion from their home council to ease the travel process.

2015 SUMMIT EXPERIENCE SESSION DATES

Session 1: June 7 - 14 Session 4: June 28 – July 5 Session 7: July 19 – 26

Session 2: June 14 – 21 Session 5: July 5– 12 Session 3: June 21 – 28 Session 6: July 12 – 19

ADDITIONAL INFORMATION

For information about the Order of the Arrow Summit Experience Program contact the Order of the Arrow at 972-580-7846 or email Matt.Dukeman@Scouting.org.

NATIONAL OA SUMMIT EXPERIENCE CODE OF CONDUCT

The general welfare of any group depends on the conduct of each individual member. This ensures the success of our national service project and provides the maximum benefit to every participant. As an Arrowman, I understand this and support the reasonable demands of conduct expected of me.

As a member of the Order of the Arrow, I will:

- Live the Scout Oath and Law and Order of the Arrow Obligation.
- Observe, respect, and strive to live the Boy Scout Outdoor Code.
- Observe the rules of the Summit and my Foremen.
- Wear my full official BSA uniform or work clothes as required. Unofficial decorations are not part of my official uniform.
- Attend and participate in all functions of the program.
- Be personally responsible for damage or loss of property.
- Respect all safety procedures and learn to properly use equipment.
- Observe quiet hours.
- Keep my tent clean and dispose of trash in the proper place.
- At all times, be considerate of participants and staff at the Summit.
- Understand the purchase, possession, or consumption of alcoholic beverages, cigarettes or illicit drugs at any time during the program will not be permitted and will result in dismissal from the program at the expense of the participant. This standard shall apply to all participants. Compliance with state law regulations will apply at all times.
- Respect the laws of the State of West Virginia, the city of Bradley, and the Summit rules prohibiting the use of fireworks, firearms and gambling. Infraction of these regulations will be grounds for immediate dismissal from the program at the expense of the participant.

PHOTO (TALENT) RELEASE STATEMENT

I hereby assign and grant to the Boy Scouts of America the right and permission to use and publish the photographs/film/videos/electronic representations and/or sound recordings made during my visit to the Summit by the Boy Scouts of America, and I hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/videos/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

By signing on the following page, I acknowledge I have read and promise to abide by the code of conduct for the OA Summit Experience, have read and understand all the information about the Order of the Arrow Summit Experience Program, and agree with the Photo (Talent) Release Statement.

2015 OA SUMMIT EXPERIENCE APPLICATION

(Please type or print neatly.)
(You can register online at http://adventure.oa-bsa.org)

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^{*}email approval accepted

2015 National OA Summit Experience

REFERRAL FORM

Your Name:	Session(s) Requested:
Please take a moment to provide us with the contact information of opportunity of summer adventure. This information will remain confilisted with information about the Order of the Arrow Summit Experient	dential, and will be used for the purpose of providing the person(s)
Name:	ORDER OF
Address:	
City:State:ZIP:	
Phone:E-mail:	
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Order of the Arrow Scouting's "National Honor Society"



RISK ADVISORY - THE SUMMIT

It is strongly recommended that each participant in a Summit program should not exceed the maximum acceptable weight-to-height limit in the table shown below. Those who fall within the recommended weight limits are much more likely to have an enjoyable trip and avoid incurring injuries and health risks.

The OA Summit Experience is physically demanding. A number of our activities require more stamina and fitness too—think climbing, rappelling, rafting, mountain biking, and skateboarding. It is essential that all participants and staff are prepared for their Summit Experience.

Obesity and being overweight have been shown to increase the likelihood of certain diseases and other health problems: hypertension, heart attack, dyslipidemia, and stroke. Anyone who is obese and has multiple risk factors for cardiovascular/cardiopulmonary disease would be at much greater risk of an acute cardiovascular/cardiopulmonary event imposed on them by the environmental stresses of the Summit. Our goal is to prevent any serious health-related event from occurring, and ensuring that all of our participants and staff are "physically strong."

The Centers for Disease Control is the national body that monitors our overall health as a country, and it makes recommendations to help us stay or become healthy. The CDC suggests using a body mass index as a screening tool for obesity; it is easy and only requires knowing your height and weight. The BMI is a governmental calculation based on nationwide statistics that take into account variables that include geography, age, and sex. The simple online calculator to determine your BMI can be found at www.cdc.gov/healthyweight/assessing/bmi/.

Height (inches) Estatura (pulgadas)	Recommended Weight (lbs) Peso recomendado (libras)	Allowable Exception Excepción permitida	Maximum Acceptance Aceptación máxima
60	97-138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.