

Community Guidance and Recommendations - Unvaccinated

Get Vaccinated

Get vaccinated as soon as possible [Vaccine Information](#)

Physical Distancing UNVACCINATED - OUTSIDE THE HOME

- Distance at least 6 feet from anyone outside the home, both indoors and outdoors
- Outdoor activities such as walking, biking, etc. are okay
- Avoid close interactions with:
 - unvaccinated people
 - older adults
 - anyone with underlying health conditions, especially persons who may be immunocompromised
- Follow [CDC Travel Guidelines](#)

Face Masks UNVACCINATED - OUTSIDE THE HOME

- Wear a face mask in indoor settings
- Wear a face mask in crowded outdoor settings
- Wear a face mask if symptomatic

Hand Washing UNVACCINATED - OUTSIDE THE HOME

- Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating
- Use hand sanitizer when handwashing is inaccessible or infeasible

Illness Monitoring UNVACCINATED - OUTSIDE THE HOME

- If experiencing Allergy, Cold, Flu or COVID symptoms, wear a mask, **get tested, stay at home**, and contact a health care provider
- Minimize contact with symptomatic people

Disinfecting UNVACCINATED - OUTSIDE THE HOME

- Increased awareness of germ transmission through high contact surfaces
- Avoid bare hand contact with any high touch surface
- Use barriers such as a paper towel or clothing when bare hand contact is unavoidable
- Wash hands or apply sanitizer after touching high contact surfaces
- **Enhanced disinfection**, especially for high contact surfaces (handles, switches, etc.)

Community Guidance and Recommendations - Vaccinated

Physical Distancing **OUTSIDE THE HOME**

- Distance at least 6 feet from anyone outside the home
- Outdoor activities such as walking, biking, etc. are okay
- Avoid close interactions with unvaccinated people
- Follow [CDC Travel Guidelines](#)

Face Masks **OUTSIDE THE HOME**

- Wear a face mask in indoor settings
- Wear a face mask in crowded outdoor settings
- Wear a face mask if symptomatic

Hand Washing **OUTSIDE THE HOME**

- Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating
- Use hand sanitizer when handwashing is inaccessible or infeasible

Illness Monitoring **OUTSIDE THE HOME**

- If experiencing Allergy, Cold, Flu or COVID symptoms, wear a mask, **get tested, stay at home**, and contact a health care provider
- Minimize contact with symptomatic people

Disinfecting **OUTSIDE THE HOME**

- Increased awareness of germ transmission through high contact surfaces
- Avoid bare hand contact with any high touch surface
- Use barriers such as a paper towel or clothing when bare hand contact is unavoidable
- Wash hands or apply sanitizer after touching high contact surfaces
- Normal disinfection, especially for high contact surfaces (handles, switches, etc.)